

CAMILLA NEWS

OCTOBER 2023

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PRINCIPAL NEWS

It is hard to believe that the first month of school is over! September was a fantastic start up full of learning and great school activities. Volleyball is well underway and athletes represented Camilla very well at the district cross country meet. We have heard many great comments on how well our students behave at these events and represent our school community. Way to go Thunderbirds!

Our annual Terry Fox run was a huge success! The school raised over \$3100 for the Terry Fox Foundation. Thank you to all the families for your generous support.

Our school store will be opening at the end of the week for Camilla Thunderbird clothing. Please look for the link that will be coming out in my weekly email.

I look forward to another great month at Camilla and I wish everyone a safe and relaxing Thanksgiving weekend.

Kevin Elias



IMPORTANT DATES

October 3

Picture Day - PreK AM & PM, K2, Grades 1-5

October 4

K1, Grades 6-9 and whoever missed Oct 3

October 9

Thanksgiving Day - No School

October 10

PD Day - No School

October 13

Grade 6 Immunizations

October 17

Parent Council Meeting 6:00pm

CSSA Meeting 7:00am

October 23-27

Scholastic Book Fair

October 24 & 25

Parent Teacher Interviews



We use an automated system with our attendance here at Camilla. We ask that you talk to your children so they understand the importance of being in their classrooms for attendance or that they check in at the office if they were late getting to class.

**Please Remember to Report
Your Childs Absense**

**Email: camabsences@sturgeon.ab.ca
or call 780 939-2074
Between 8am - 4pm**



SEPTEMBER HIGHLIGHTS

Gr.7 Field Trip to Bunchberry Meadows



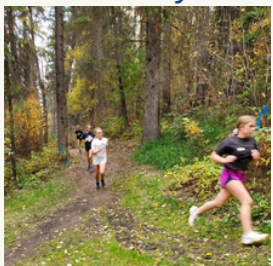
Chef Wars
and
Lego Option



Terry Fox Run
We reached our goal and
raised over \$3100!!



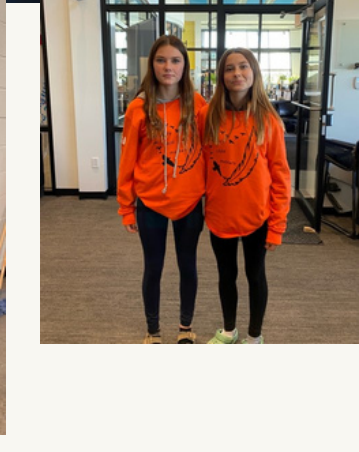
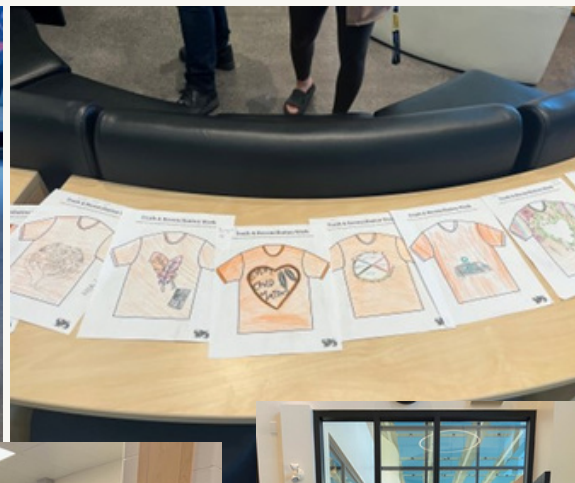
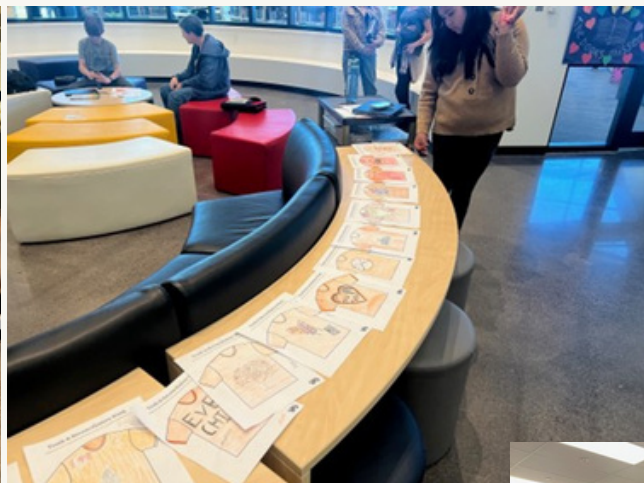
Divisional Cross Country Run
Way to Go Camilla!!



Sr & Jr Volleyball Teams



TRUTH & RECONCILIATION WEEK



COUNSELLOR NEWSLETTER

Helping your child build emotional awareness

There are simple things you can do at home to help your child learn more about emotions. Try some of these ideas:

- Ask your child how he/she is feeling. List some feeling words to choose from.

Share how you are feeling. Be specific.

Play feelings charades. Show your feelings on your face and body.

Read stories with your child and talk about how the characters are feeling.

Try some of these books about feelings:

The Way I Feel by Janan Cain

In My Heart by Jo Witek

How Are You Peeling? by Saxton Freymann

When Sophie Gets Angry by Molly Bang



We all have feelings

In classrooms, I am talking with all grades about feelings. The purpose of these lessons is to help students identify specific feeling words and recognize feelings in self and others and understand that all feelings are okay. By using literature and plush characters from the Kimochi program in grades K-4, we can understand how we show feelings on our faces and through body language. Grades 5-9 focused on the wellness wheel to reflect on the different aspects of our life that affect our wellbeing, including our emotions.

Why is Emotional Awareness Important in Children?

Children who are able to identify how they feel are often better able to communicate their needs. They are also more likely to understand the feelings of their friends, classmates, and the grown-ups in their lives. This builds empathy, a crucial life skill. Becoming comfortable with their feelings is important as children face new challenges and learn to manage their changing emotions.

Coffee Cart

at
Camilla
School



What is it?

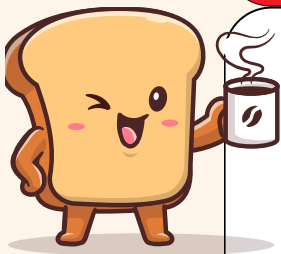
coffee, tea, and treats are delivered to Camilla staff on Friday mornings

promotes belonging

Why?

students working on a variety of programming goals, greet, converse, and deliver using the cart

supports inclusion



Want to help?

We are looking for donations of baked treats during the month of **October** to help get our coffee cart rolling!

community involvement

Drop off at the office

Please drop any baking at the front office by **3pm on Thursday** for delivery the following day.

boost mental health & wellness



CSC ANNOUNCEMENTS

What is the CSC and when/where do we meet?

CSC stands for Camilla School Council. As the School Council, our role is to collaborate with parents, teachers, staff and students in supporting members of the school community by providing advice and consult with the principal and school board.

We work directly with the CSSA (Camilla School Support Association) to collectively work together to enhance the student experience at Camilla School.

Meet your CSC Representatives!

Chairperson - Shallen Moore

Vice Chairperson - Amanda Paquette

Secretary - Veronica Schoenberger

Communications - Blaire Borle

Our Next Meeting:

October 17, 2023

6:00pm @ Camilla School

Everyone is welcome!!!

Up-Coming Events:

The “Grab n Go” is looking for volunteers to help out each month. This program is set up as a quick option for students to grab a snack if they have forgot their lunch. If you are interested in learning more about the program or are available to volunteer, please reach out to Amanda Paquette at am_paquette@hotmail.com.

Hot Lunch is up and running! If you have any questions please reach out to camillahotlunches@gmail.com.

We are currently looking to host the Home Alone Course, Babysitter Course, Internet Safety, and Glow Dance, so please keep and eye out for those dates to follow!

Please feel free to reach out to us at any time at camillaschoolcouncil@gmail.com.



Update from the CSSA

Ongoing Fundraisers

Boston Pizza – Continue to collect your BP’s original receipts and we get a 5% rebate!

Mabel’s Labels – go to <http://campaigns.mabelslabels.com>

- Choose “Camilla School Support Association”

Our CSSA Board Members:

- **President - Lauren Whitson**
- **Vice President - Penny Fisher**
- **Treasurer - Carol Nelson**
- **Secretary - Megan Schwandt**
- **Casino Chair- Bonnie Borle**
- **Grant Chair - Marla Zubiak**
- **Directors at Large - Deb Rowbotham, Robyn Sheehan**

September is such an exciting month as it’s harvest time, not only for farmers but for those who tend to their gardens all summer long. In collaboration with CSC (Camilla School Council), we are kicking off the school year with a Harvest Grab which occurs on September 19th, please check out the poster below!

Thank you to those who helped out with our casino that occurred September 8th and 9th. It went smoothly and you helped our school raise a significant amount in only a 2-day period - **\$19,187.85**. The money raised from this casino will go towards our outdoor classroom.

With all of our roles filled for the 2023/2024 school year, it is a great opportunity to sit in and watch what the CSSA is all about. **We meet every third Tuesday of the month at Camilla School at 7PM, our next meeting is on September 19th.** Prior to our meetings, the CSC has their meeting at 6PM, if you are a parent/guardian of a Camilla student, then you are a member of the CSC and are welcome to join anytime.

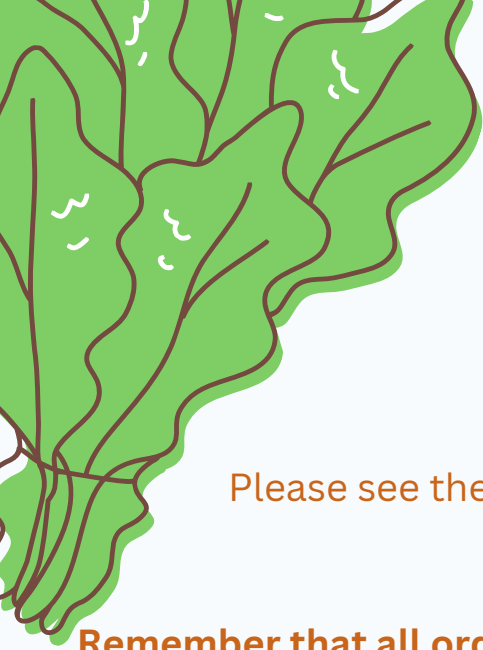
Happy Harvesting

-Lauren Whitson

From our June meeting it was decided to go with a meat fundraiser sometime around Easter 2024. If you have any suggestions on who to use/what products you would like to buy, please connect with us at cssacamilla@gmail.com or FB us at CSSA Camilla.

What is the CSSA and when/where do we meet?

The Camilla School Support Association is the incorporated not-for-profit association that handles the fundraising and distribution of the proceeds, to enhance the environment and student experience at Camilla School. If you would like to become a CSSA member or have any questions, please email us at CSSACamilla@gmail.com



Camilla School

Hot Lunch

Please see the attached information on how to register your child on Healthy Hunger platform!

Remember that all orders close 5 days before the lunch and unfortunately once the order is closed, no changes or cancellations can be accepted.

For any questions regarding hot lunch, please email Penny Fisher or Blaire Borle at camillahotlunches@gmail.com.

The following Hot Lunch dates are:

- Oct 4 - Mr. Sub
- Oct 19 - Dairy Queen
- Nov 1 - Edo Japan
- Nov 16 - McDonalds
- Nov 29 - Bar Burrito
- Dec 14 - Pita Pit
- Jan 10 - Boston Pizza
- Jan 25 - Shumka Ukrainian Foods
- Feb 7 - Mr. Sub
- Feb 22 - Dairy Queen
- Mar 6 - Edo Japan
- Mar 21 - McDonalds
- April 3 - Bar Burrito
- April 18 - Pita Pit
- May 1 - Boston Pizza
- May 16 - Dairy Queen
- May 29 - Mr. Sub
- June 13 - Boston Pizza

Thank you for your continued support!
Penny and Blaire



Healthy Hunger

Fun Lunch Fundraising

PARENTS

FUN LUNCHESES ON-LINE

You have been asked to order your Fun Lunches On-Line... Now what? Go to www.HealthyHunger.ca and click **“REGISTER YOUR STUDENT”**. After your account is created, you will be able to view all up-coming Fun Lunches, place orders, and then pay for your orders Online with Visa, or MasterCard.



HOW IT WORKS

Create an account

STEP 1.

Click **“REGISTER YOUR STUDENT”** and create Your account.

REGISTER YOUR STUDENT

Add Student

STEP 2.

Login, and add your children to the account.

ADD STUDENT

View upcoming fun lunches

LUNCH DATE	STATUS	RESTAURANT	ORDER DETAILS
OCT 06, 2022	ORDER NOW		
NOV 07, 2022	ORDER NOW		
NOV 16, 2022	ORDER NOW		
NOV 26, 2022	ORDER NOW		
NOV 24, 2022	ORDER NOW		

STEP 3.

View all the Up-coming fun lunch dates.

ORDER NOW

Place your orders and make payment online

STEP 4.

Place your orders and make payment Online.

PAY NOW



Healthy Hunger Inc.

1935 27 Ave NE, Suite 107, Calgary, AB, T2E 7E4



support@healthyhunger.com



www.healthyhunger.ca



Camilla School Scholastic Bookfair October 23-27, 2023

This year the book fair's theme will be "*Time Machine Book Fair*".

Mrs. Stuart will be:

- **Working with the teachers to organize 2 times for your child's class to come to the book fair;**
- **Will be hosting the bookfair during parent teacher interviews on Tuesday and Wednesday evenings (see the times listed below); and**
- We will also have an **online component for parents, grandparents and community members to access**. All online **orders will be delivered to the school on October 29th**, and will be **shipped free of cost**. In order to pick up your online order you will need to print out, or email Mrs. Stuart (kstuart@sturgeon.ab.ca) the confirmation number and student that the order belongs too. She will send them home with your child unless you notify her to hold them for you to pick up from the office.

Online orders will be closed on Friday, October 27th at 11:59 pm

Mark your calendar for October 23-27,2023:

Monday, October 23 - 1pm. - 3:15 pm.
Tuesday, October 24 - 8:30 am. - 6:30 pm.
Wednesday, October 25 - 8:30 am. - 7 pm.
Thursday, October 26 - 8:30 am. - 3:15 pm.
Friday, October 27 - 8:30 am. - noon

We will be accepting cash, cheques, Debit, Visa and

Mastercard,

*Look for more information the
week of October 16th*

Pre-Kindergarten



HOW WE FOSTER GROWTH

At Sturgeon Public Schools, we strive to meet the needs of our students by nurturing their strengths. Our Pre-Kindergarten programming supports children in reaching their optimal development while incorporating play-based learning, and strengthening their sense of curiosity and wonder. We take a holistic approach to learning; our programs are supported by Teachers, Educational Assistants, Educational Psychologists, Speech Language Pathologists, Occupational Therapists, and Therapy Assistants.

THE ENTIRE TEAM WORKS TO ENHANCE:



LANGUAGE SKILLS



EMOTIONAL REGULATION



PEER SOCIAL SKILLS



LITERACY AND NUMERACY



 info@sturgeon.ab.ca

 780-939-4341