

CAMILLA NEWS

FEBRUARY 2024

Hello Camilla Families,



Welcome to the second half of the school year.

In the next few weeks our Grade 4 and 7 students will be asked to complete the annual Assurance Measures Survey. This is from Alberta Education and distributed by the Government of Alberta. Time will be given in class for the students to complete the surveys. Also, all parents of Grade 4 and 7 students will receive a link to the survey. We ask that you take a few minutes to provide your valuable feedback. All surveys are anonymous and ask questions about experiences with the school. Please take time to carefully complete these surveys. We appreciate your feedback as we use the results to help create our goals and long term plans.

On Tuesday, February 13th at 6:30pm we will be hosting our Pre K / Kindergarten open house.

Please share with potential Camilla families.

I wish everyone a great February!

Kevin



146-26500 HWY 44, STURGEON COUNTY AB T8R 0J3

780-939-2074

IMPORTANT DATES

February 7

Hot Lunch - Mr.Sub

February 8-9 No Classes

Teachers Convention

February 13

PreK & Kindergarten Open House 6:30pm

February 16

No Kindergarten

February 19 No Classes

Family Day

February 20

CSC Meeting 6:00pm

CSSA Meeting 7:30pm

February 21

No PreK

February 22

Hot Lunch - Dairy Queen

February 23

Jr. Basketball Tournament Camilla / Namao

February 29

Kindergarten K1/K2 Gymnastics Field Trip

Grade 9 SCHS Tour



*Don't forget to email
camabsences@sturgeon.ab.ca.
when your child is away!*

**Please visit camillaschool.ca as we update the school
calendar on a regular basis**



January Highlights



Our Grade 5 classes loved their in school field trip with Mr.Boyko. They enjoyed building circuits and creating their electric powered model cars.



January Highlights

Our Grade 5 Students have been able to help our kindergarten's during their skating block!



January Highlights

Camilla Basketball

Basketball is underway and everyone is have a great season! Teams have competed in a couple tournaments and have done really well!



GO
THUNDERBIRDS!



School Counsellor Newsletter

Laura Ragosin, M.Ed.

February 2024

Camilla School

This Month: Kindness/ Empathy

What will kindness do for my child?

Doing good is not only beneficial for the person on the receiving end and those who witness the kind action, but also for the givers of kindness. When we are kind and intentionally perform acts of kindness, we get a boost in our own wellbeing and happiness. It feels good to help others and it helps us focus on the positive things in our lives. It's a win-win!

- **KINDNESS TIP #1:** As we start this month with our fingers crossed for some spring weather, remember kindness is a choice. In fact, it can be extremely uplifting to give it out freely to everyone. Remember most people are fighting their own complex battle that has led them to the point where they may be rude, close minded or angry. Show your kids how powerful it can be to give kindness to the people who seem to deserve it least. Most often they are the people who need it most. Now that's empowering!
- **KINDNESS TIP #2:** Choose a family 'helping' project. When we perform acts of kindness or help others our brain releases dopamine, oxytocin and endorphins that scientists refer to as the "helpers high". These endorphins make us feel good and our body craves this good feeling.

Kindness is a great way to give our brain what it craves in a healthy way and help others while we are at it. Children have an innate desire to use kindness and this grows over time if we can nurture it along the way. Start by making family acts of kindness a priority in your house. Choose a project or charity that you can all get involved in together and commit to making this an important and regular part of your family's schedule. These charitable efforts on a regular basis will strengthen your child's ability to use kindness and may even help to replace some of the less healthy habits they are pulled towards such as their devices. In addition, the "helpers high" is an ideal hormonal environment in the brain for family bonding. So, if you are pondering how to connect to your moody teen, this could be a place to start. Get them involved in choosing the project they care most about for the best results.



We will be recognizing **Pink Shirt Day** on **Feb. 28th**. We invite our students to wear a pink shirt to show that they are against bullying. We highlight this day as part of our ongoing teaching about relationship skills and kindness.

There are various online organizations that sell pink shirts to support others.

Some of them are:

<https://www.pinkshirtday.ca>
<https://indigenouspinkshirt.com/>
<https://pinkshirtdaycanada.ca>

PRE-K & KINDERGARTEN OPEN HOUSE



Camilla School



Tuesday
Feb 13, 2024
6:30pm



CSC/CSSA ANNOUNCEMENTS

What is the CSC and when/where do we meet?

CSC stands for Camilla School Council. As the School Council, our role is to collaborate with parents, teachers, staff and students in supporting members of the school community by providing advice and consult with the principal and the school board.

We work directly with the CSSA (Camilla School Support Association) to collectively work together to enhance the student experience at Camilla School.

Meet your CSC Representatives!

Chairperson - Shallen Moore
Vice Chairperson - Amanda Paquette
Secretary - Veronica Schoenberger
Communications - Blaire Borle

Please feel free to reach out to us at any time at camillaschoolcouncil@gmail.com.

Our Next Meeting:

February 20, 2024
6:00pm @ Camilla School
Everyone is welcome!

What is the CSSA and when/where do we meet?

The Camilla School Support Association is the incorporated not-for-profit association that handles the fundraising and distribution of the proceeds, to enhance the environment and student experience at Camilla School. If you would like to become a CSSA member or have any questions, please email us at CSSACamilla@gmail.com

Meet your CSSA Representatives!

President - Lauren Whitson
Vice President - Penny Fisher
Treasurer - Carol Nelson
Secretary - Megan Schwandt
Casino Chair- Bonnie Borle
Grant Chair - Marla Zubiak
Directors at Large - Deb Rowbotham,
Robyn Sheehan

Our Next Meeting:

February 20, 2024
7:00pm @ Camilla School
Everyone is welcome!



CSC NEWS

Up-Coming Events:

Glow Dance! March 1, 2024 from 6:30 pm - 8:30 pm.

Buy your advance tickets via EFT or at the door (cash only) - Poster details to follow.
We are looking for volunteers for the dance. Please email laurenwhitson1@gmail.com if you can help out.

Thank you!!!

All proceeds of the Christmas Store went to the Morinville Food Bank. Thank you to everyone who supported it and a very big thank you to Veronica Schoenberger for organizing and running it!

Another big thank you to all the volunteers that came out to help for the pancake breakfast.



CSSA NEWS

Ongoing Fundraisers:

Boston Pizza – Continue to collect your BP's original receipts and we get a 5% rebate!
Mabel's Labels – go to <http://campaigns.mabelslabels.com>
-Choose "Camilla School Support Association"

Upcoming Fundraisers:

At our November meeting, we selected Calahoo Meats as our vendor for our spring fundraiser.

Recent Disbursements:

January Grab -n-Go - \$106.47

Coffee Cart - \$32.24

Pancake Breakfast - \$415.26

Teacher's Treat Day - 179.55

Morinville Food Bank - \$921.20



CAMILLA
SCHOOL COUNCIL

CAMILLA
SCHOOL GYM

PRESENTS

An EeZee Events Inc.

MAR.01 | FRIDAY
6:30 PM - 8:30 PM

TICKETS SOLD IN ADVANCE
VIA EFT:CSSACAMILLA@GMAIL.COM
\$7/PERSON \$25/FAMILY
AT THE DOOR \$10/PERSON \$30/FAMILY

BLACK LIGHT

**Wear White or
Neon Colors!**

GLOW DANCE

CASH ONLY

LOONIE TOONIE CONCESSION

ON-SITE

**EeZee
GLOWSTATION**

||| GLOW AND LIGHT-UP PRODUCTS |||
FOR PURCHASE \$1 TO \$5

**VOLUNTEERS
NEEDED!**



VOLUNTEERSIGNUP.ORG/F74FP

THIS IS A FAMILY EVENT. CHILD(REN) MUST BE ACCOMPANIED BY A PARENT OR GUARDIAN

\$1
EA.



GLOW STICK



GLOW BRACELET

\$3
EA.



GLOW FLOWER



LED RING



GLOW TRIPLE BRACELET



GLOW HEADBAND



MULTI-COLOURED GLOW NECKLACE

\$4
EA.

NEW

LED YO-YO BALL



GLOW LOLLIPOP

GLOW SKULL GLASSES



GLOW APPLE GLASSES

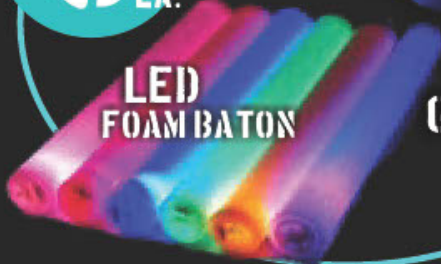


\$5
EA.

SOUND ACTIVE LED BRACELET



LED FOAM BATON



GLOW BALL



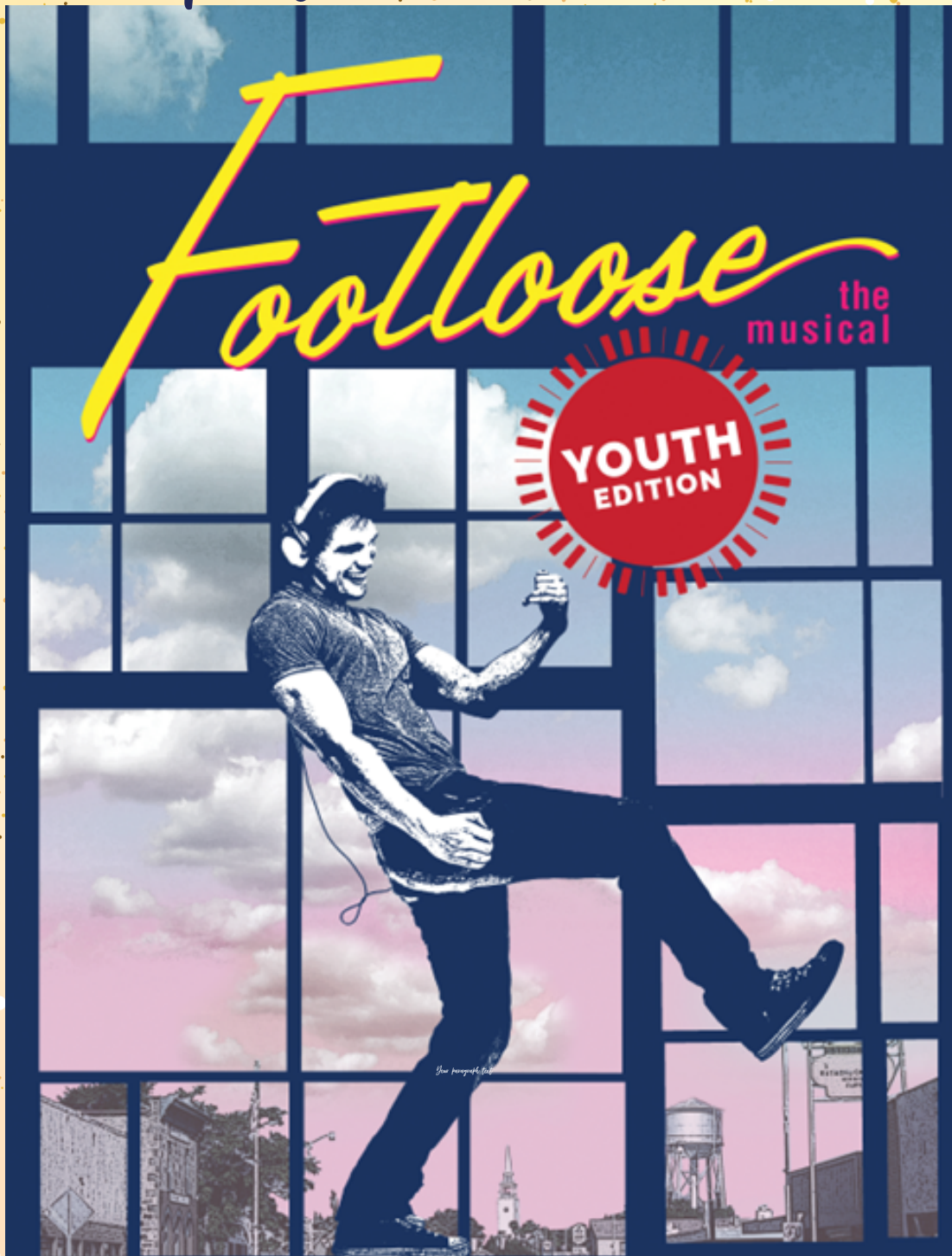
ON-SITE

FeZee

GLOWSTATION

Fundraising Glow Products For Purchase

Camilla School
Presents



The Grades 4-9 students at Camilla School
have been working hard to put on a fantastic show!!

May 8 & 9, 2024

Morinville Community Cultural Center

